The following pages are handouts submitted by our resource fair presenters Imerman Angel’s and Oh, You’re So Tough for the 2023 Mental Health and Wellness Resource Fair
Introduction to Peer to Peer Support
Our Vision

Imerman Angels envisions a world where cancer is not a solitary experience.

Our Mission

Imerman Angels' mission is to provide comfort and understanding for all cancer fighters, survivors, previvors, and caregivers through a personalized, one-on-one connection with someone who has been there.
Director of Partnerships and Engagement

Jackie Herigodt
What We Do:

We can find the light in a dark room of cancer by pairing people with any cancer type, any genetic mutation of cancer, any age, any gender, anywhere in the world with someone just like them by finding someone their cancer confidante – A…

“Mentor Angel”
What is a Mentor Angel:

A Mentor Angel is a cancer survivor, previvor or survivor’s caregiver who can be the same age, same gender, and most importantly who has had the same type of experience and is willing to support others going through this experience.
HOW OUR PROGRAM WORKS

REGISTRATION
- Web, phone, or paper registration
- Contact and cancer information
- Quality of Life baseline survey

ASSESSMENT
- Phone conversation with Imerman Angels Cancer Support Specialist
- Needs and priorities assessed
- Assess and train Mentor Angels, Mentor Angel Guidebook and video sent

CONNECTION
- Database search for best Mentor Angel match
- Support Seeker and Mentor Angel introduction
- Encouraged to contact IA with questions and concerns

FOLLOW UP
- Quality of Life survey follow-up and client satisfaction surveys sent to both parties
- Program quality assurance
MENTOR ANGEL GUIDEBOOK
Overview of guidelines, rules, and how to provide support to their Mentee over the phone

MENTOR ANGEL TRAINING VIDEOS
Interactive examples of best practices with quizzes embedded through the program

CLEAR EXPECTATIONS
Encouraged to share their own cancer experience with the understanding that they may not provide medical advice, monopolize the conversation, or address certain topics, such as politics or religion

Training Mentor Angels
Our Mission

To provide comfort and understanding for all cancer fighters, survivors, previvors and caregivers through a personalized, one-on-one connection with someone who has been there.

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Please visit imermanangels.org to learn more

866-IMERMAN (463-7626)

Statistics represent organization as of 7/2023

17 ACTIVE YEARS

146 CANCER TYPES

1 TOP 5 CANCER TYPES WE WORK WITH

1. Breast
2. Blood
3. Gastrological
4. Genitourinary
5. Gynecological

SERVING

113 TOTAL COUNTRIES

113 TOTAL MATCHES

13,923 MENTOR ANGELS TRAINED AND REGISTERED

HOW DID YOU HEAR ABOUT US? Most Common Answers

1. Healthcare Teams (Doctor/Nurse/Social Worker)
2. Family/Friend
3. Cancer Partner Organization
4. Online Search
5. Social Media
Join us for an event that begins to explore the concept of legacy work, offers tools and resources to begin your own projects, and provides a safe space with others to begin practicing some of this writing with prompts and templates.

In Partnership with: Bright Spot Network
Helping families through cancer.

Presented by:
Jen Ellsworth, LCSW
Palliative Oncology Social Worker, Stage 3 Breast Cancer Survivor
OUR PARTNERS
Grief Toolkit
This toolkit is a resource created by and for our community to utilize when assisting others in managing their grief process.

Cancer Resource Guide
An archive of our newsletter containing the latest news, events and resources available to the Imerman Angels community.

A Journal For Your Journey
Journaling is a powerful tool to calm an anxious mind, reflect and set intentions for the future. Enhance your self care routine with our custom digital journal.

All this and a whole lot more can be found on:
https://imermanangels.org/resources/

Family Building Resources
A resource guide of family-building information to consider before, during and after cancer treatment.
We're Here to Help!

WEBSITE
www.imermanangels.org

PHONE
877-274-5529

EMAIL ADDRESS
Info@imermanangels.org
It's ok not to be positive all the time.
you aren't just

"SURVIVING,"

you are transforming!

(and you are so beautiful)
cancer isn't your fault.